



**Black mission figs are a perfect dessert,**

... continued from Page D12

Being an astute chef requires one to know how to mix and match fruits, flowers, vegetables, and herbs to enhance any dish, allowing the natural essences to imbue their zests and aromas. Food must look good, smell good, taste good, and be ultimately satisfying, making one feel good.

Autumn is harvest time. Besides eating our tasty produce now, it is also the perfect opportunity to can or freeze fresh crops to savor during the winter months.

What herbs can you dry or freeze:

Basil  
Bay  
Oregano  
Sage  
Rosemary  
Dill  
Thyme  
Parsley

I prefer to freeze basil and parsley or make “sauce ice cubes” with those. The rest of the herbs, I dry, then store in labeled jars.

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**Andrew Pitarre**  
Real Estate Consultant  
415.342.9950  
APitarre@gmail.com  
DRE 01867911

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THE TILDEN | 4517 Howe Street



THE YOUNTVILLE | 4519 Howe Street

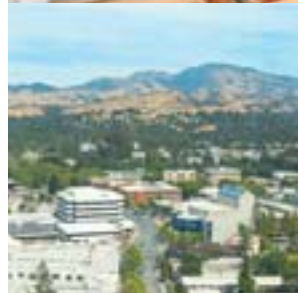


THE PRESCOTT | 4523 Howe Street



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